

Bob Mansbridge Memorial Ride 3rd June 2018	
55 km (34 mile) route	
<i>Note: Refreshment stop is no longer at Wheal Coates, it's a bit further along at St Agnes Caravan Park.</i>	
Km.	
Stage 1: Truro to Bissoe 10 km	
0.0	*Leave 108 Coffee House to right, first right then right again
	Continue through Boscawen St and bear right at Coinage Hall
	First right, continue to pedestrianised section then Left under subway
	After subway follow cycle path behind Tesco, then L along Newham Road
	Turn R into Gas Hill, then L onto cycle path (Newham Trail). Cross over road at Lighterage Hill. Continue on Newham Trail
	At gate, turn Left down road
	Straight on at 'give way' to follow NCN route 3 towards Falmouth
5.8	At T Junction, cross over to cycle path, then follow path to right across main road, effectively taking the third exit from second roundabout (hidden signpost to Bissoe).
	Straight on at crossroads (Signpost Bissoe)
8.5	Ride through ford then turn right at grassy triangle
10.0	Continue to Bissoe Bike Hire
<i>Café, bike spares on right</i>	

Stage 2: Bissoe to St Agnes Beacon 21.5 km	
	After Bissoe Bike Hire, turn right, signpost United Downs
11.5	Through Twelveheads then right at T junction, signpost Chacewater. After 100m turn left, signpost Chacewater
14.2	In Chacewater, right at T junction, left at T junction, then immediately right into Station Road
16.7	Left at crossroads in Blackwater, signpost Redruth
18.5	Straight on at roundabout, then right, signpost Wheal Rose, then immediately left before Rodda's Creamery, after 100m take footpath to left (weathered sign Wheal Peevor). <i>Note this is a footpath for about 300m, please walk</i>
20.1	First right, opposite church, signpost Wheal Peevor
	Follow road round several bends, then right at Old Forge crossroads, down hill (no signpost)
	<i>Optional Café and bike spares at Elm Farm Bike Barn (extra 2km there & back): partway downhill towards Mawla, take first left onto cycle path and follow stone signs towards, left at T, café on right after approx. 300 m</i>
22.7	If not going to café, continue down hill and then up through Mawla village
24.0	Right at T junction, next left then immediately left again, broken signpost Mt.Hawke
26.3	Straight on at crossroads, signpost Perranporth, St.Agnes
28.0	Left immediately <u>before</u> main road, signpost Mongoose
	Right at T junction (uphill)
30.5	Left at crossroads, signpost Chapel Porth

	Keep right, signpost Beacon Drive
<i>CONTROL on right of Beacon Drive , at St.Agnes Beacon Caravan Park – drinks and food.</i>	
Stage 3: St Agnes Beacon to Truro 23 km	
31.5	Leave control to Right
34.1	Left at T junction (one way), signpost Truro
<i>Café in St Agnes</i>	
	At mini-roundabout, straight on then immediately Right, then Left into Water Lane
35.2	Left at top of Water Lane, then immediately R at main road (SP Perranporth)
	Continue down and up hill at Barkla Shop
<i>Café on left halfway up hill</i>	
36.9	Right signpost Blowinghouse , Perrancombe
	Bear left <u>before</u> ford sign
38.9	Left (Straight on) at T junction
40.8	Straight on thru Perranporth town
<i>Control question in Perranporth</i>	
<i>Cafes, public toilets in Perranporth</i>	
41.2	Right at roundabout, signpost Bolingey
	Straight on, signpost Perran Church
	Continue up Cocks Hill (<i>not</i> up Quarry Lane like last year!)
43.9	At main road, turn L then immediately R by White House Inn (SP Ventongimps)
45.3	Bear L over bridge (no SP)
	After short steep hill turn first R (no SP)
48.1	At main road (A30), Take Care!! Turn R then immediately Left (SP Allet)

49.4	Left at T junc, SP Truro
51.1	At roundabout in Shortlanesend, take cyclepath between 1 st and 2 nd exits
	Follow cyclepath / road into Truro, down Kenwyn Hill
	After railway bridge, Right at mini-roundabout
	Left down Castle Street, left at bottom of hill
54.8	Sharp right through Victoria Square, to finish at 108 Coffee House.

GPX file available if you sign up in advance