

Bob Mansbridge Memorial Ride 3 rd June 2018	
160 km route: extra part	
<i>Note: the route here should be used in addition to the 100km route, which it mostly shares.</i>	
NOTE**** Minimum average speed 21.3 kph, 14 mph – including stops! - for the 160km route (Finish closes at 16:30)	
Stage 2: Carnhell Green to St Just	
Km.	
31.3	In Carnhell Green, straight on SP Gwinear/Fraddam
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35.3	Straight on at Fraddam crossroad, signpost Townshend/Marazion
	Left at T junc, then Right SP Penzance etc.
39.1	Right at T junc, SP Penzance
40.6	Right SP St.Hilary Childrens Centre (Chynoweth Lane)
	Left SP Plain-an-Gwarry, then Left at T junc (no SP)
44.2	Left at T junc then immediately Right at T junc (by Fire Engine Inn)
<i>Cafés in Marazion</i>	
47.0	Straight on at roundabout in Longrock
	Right into Longrock Ind. Estate
	Left over footbridge (at Cuxhaven Way sign). Follow lane to end
48.0	Left at T junc (no Signpost)
	In Gulval, bear right up hill then straight on past Coldstreamer pub
49.5	Left at T junc, SP Penzance. Follow road to right then turn right SP Newmill/Zennor
51.8	Straight on at crossroads in Heamoor (no SP), bear left at Trengwainton Gardens
53.9	Right then immediately Left SP Sancreed
56.0	Straight on, SP Grumbla, Sancreed Straight on, SP Grumbla, St Just
58.3	Right at T junc, SP St Just

61.1	Left at T junc, SP St Just
	Control question in St Just. Also cafes!
Stage 3: St Just to Godrevy	
62.0	Continue through St Just, following main road (B3306) for the next 18 km until....
80.0	Right SP Towednack
	Left at T junc, then imm. Right SP Hayle / Lelant
87.8	Right at roundabout then imm. Left at roundabout, SP Park & Ride, follow new cycle path...to merge into main road
89.9	Left at roundabout in Hayle, SP Redruth
	Left SP North Quay, then right SP Camborne (Cycling SP)
	Follow road to Left, then Right (NOT Phillack Hill)
	Right at T junc, then imm. Left (Brookway)
	Left at T junc (main road)
92.4	Left at roundabout, SP Portreath etc
95.7	Rejoin 100km route at Godrevy (km 36.4 point, end of Stage 3) to continue past Godrevy etc.

GPX file available if you sign up in advance