



## Truro Cycling Club Membership Application Form

Forenames \_\_\_\_\_

Surname \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Postcode \_\_\_\_\_

Telephone (optional) \_\_\_\_\_

Email \_\_\_\_\_

**If under 18 years of age, please complete consent form and information form overleaf.**

Please enrol me as:

- Single Member (£15.00)  
 Family Group (£35.00)  
 Junior Member (£7.50)

INDEMNITY. I agree to be bound by and observe the rules and regulations of Truro Cycling Club and wishing to become a member of the Club and having been notified in writing of the exclusions of liability mentioned herein hereby undertake and agree that in consideration for membership of the Club neither I nor my heirs executors or administrators will make claim against the Club or any of its servants agents or other members in respect of any loss or damage to property or injury to person (including injury resulting in death) due to negligence or any other cause which I may suffer while or in consequence of my membership of the club and I understand that no compensation will be paid by the Club in respect of any such loss or injury.

I have read and acknowledge the Safety Policy.

Signed \_\_\_\_\_

Date \_\_\_\_\_

### Truro Cycling Club Safety Policy Statement.

#### A. The Policy:

The Club in organising its events including Club Rides, Time Trials, Leisure Rides etc. expects participants to observe the following safety standards and other recommendations and will appoint Officials, Marshals and Runs Leaders to this end.

#### A. 1 - Specifics

1. The Law of The Land relating to road travel (whether on or off-road)
2. The Highway Code
3. The Rules and Regulations of recognised Bodies (e.g. the Cycling Time Trials, CTT) who regulate specific events.

#### A. 2 - General

1. It is recommended that Cycling Helmets are worn at all times
2. All riders to be paid-up club members before participating in competitive events.
3. Juveniles (over 12 but under 16years old) and Juniors (over 16 but under 18years old) as invitees or members will be required to have parental / guardian's permission before participating in any club events unless accompanied by parent /guardian
4. Children under 12 years old must always be accompanied by a responsible adult.
5. A signed Club membership application will be deemed to acknowledge awareness of this Safety Policy.
6. The Safety Policy will be made known to all members and parents/guardians of Juniors and Juveniles through the medium of the Newsletter
7. The Club will monitor this policy and update it where necessary through Its General Committee who meet at monthly intervals
8. Amendments to be issued through Club Newsletter.
9. The Club will operate insurance as detailed in E. below :

#### B. Club Responsibilities

1. Club events will normally be advised in the Club Newsletter to enable members to determine its suitability for their own participation
2. The Ride Leader will undertake the following :
  - To determine the choice of route
  - To determine the pace and progress of the ride, and may seek help in managing the group
  - To offer comment on weather conditions and abilities required as appropriate
  - Although not responsible for the behaviour of individual riders with regards to safety and competence, may comment on these aspects as necessary
  - After consultation with at least one other adult club member, may preclude any rider from participating in the event if that rider is considered inadequately prepared
  - In the event of any incident, to summon roadside assistance and arrange to notify relatives/ parents /guardians as soon as possible

#### C. Riders Responsibilities

1. All riders shall comply with the Club's Safety Policy
2. All riders are responsible for their own safety and the safety of others by showing competence in their bike skills, and by being properly attired and equipped
3. Riders are responsible for ensuring their cycles are in safe mechanical order, including lights where necessary, and of an appropriate size and type for the event
4. Riders are responsible for carrying suitable spares, including repair kits and tools to maintain their cycles in a safe mechanical condition, and cycles should be equipped for the safe carriage of any additional clothes, food and drinks as conditions may require during the event
5. Junior and Juvenile riders to carry their Information Form (which parents /guardians will update as necessary) at all times when participating in club events - Please see attachment.
6. Participants are recommended to carry their own personal First Aid kit and any specific medication they may require and be capable of self administration as appropriate
7. If any rider intends to leave the ride then it is incumbent on that rider to arrange to notify Ride Leader to this effect for the benefit of all concerned

#### D. Invitee Riders

1. Invitee riders may participate in Club Rides but the number of invitees is limited to 5 per ride. Participation in other events will be subject to the rules relating to specific event.
2. Invitees are required to become full Club members after participating in a maximum of 6 club rides, thus allowing other riders the opportunity to join as invitees within the terms of our insurance condition.

#### E. Insurance: The Club will operate insurance as below:

1. To cover Club Officers & Appointed Officials (Marshals and Leaders) against 3rd party / public liability for its activities (e.g. Club rides etc.) – BC Affiliation or Cycling UK Organisers cover
2. To provide Third party cover for club members while participating in Time Trials - Affiliation to the CTT (Cycling Time Trials). (This is normally only considered and acted on by the CTT if cover is not provided via BC, Cycling UK or Personal Liability cover)
3. To provide Cycling UK 3rd party insurance cover for Invitees from claims against them by Club members. - This does not cover claims against Invitees by other Invitees or members of the General Public and is limited to 5 invitees per event
4. The Club will encourage all its members and parents/guardians on behalf of Juniors and Juvenile members to maintain, as a minimum, Public Liability insurance (Third Party) for their personal cover for cycling activities from such sources as:
  - Domestic Household Contents or other private insurance policies
  - Cycling UK membership
  - Cycling UK 3rd party Insurance associated with The Club's affiliation.
5. Private Personal Accident insurance also ought to be considered by everyone

Detach and return this part to TCC Membership Secretary (see over)



**Under 18's Information Form**  
**(to be carried by junior / Juvenile members**  
**on all Club Events)**

Name  
Address

Date of Birth  
Home Telephone No

Additional Information  
e.g. alternative telephone no

Details of any Medical condition:  
e.g. Asthma, Diabetes, Epilepsy.

Current medication

Competence to administer by yourself - Yes/No?  
If No - ?other arrangements

Any diet restrictions  
Any allergy problems (nuts etc.)

Name(Parent/Guardian)

Signature :

Dated

**Membership Secretary**  
John Flowers

**Application forms should be returned to:**  
John Flowers  
9 Higher Polsue Way, Tresillian, TR2 4BG

Please enclose SAE for return of membership card.  
If you require a NEWSLETTER to be posted (12  
issues) add £5.00 to your membership fee.

Please let us know if you do not wish to share your  
email address with other club members.

See the club website [www.trurocycling.org](http://www.trurocycling.org).  
[Facebook.com/trurocycling](https://www.facebook.com/trurocycling)

**Parental Consent Form**

(To be completed and signed by the parent or  
guardian of club members under the age of 18)

Forenames \_\_\_\_\_  
Surname \_\_\_\_\_  
Address \_\_\_\_\_

Postcode \_\_\_\_\_  
Being the parent / guardian of \_\_\_\_\_

1. I hereby agree to his/her taking part in the activities of Truro Cycling Club and acknowledge that I have been advised of the nature of Club activities.
2. As to Club Runs, I am aware that whilst Club members will give assistance when an emergency has occurred neither the Club nor its members undertake any responsibility for instruction or supervision and my son/daughter must assume full responsibility for his/her own safety and compliance with the law of the land relating to road travel. I have discussed the situation with my son/daughter and am satisfied that he/she is sufficiently responsible and competent to ride in a manner that is safe for him/herself and others.
3. I have read and acknowledge the Club's Safety Policy.
4. I agree to my son/daughter taking part in the Club's activities entirely at his/her own risk and without any liability whatever on the part of Truro Cycling Club its officials or members in respect of injury loss or damage suffered by him/her however caused.

Signed

Dated