Truro Randonee 2012

'Humphrey' route 67km: Start time 10:00

km		
	L	from start
	R	SP Lily Tea Rooms
2.5	R @ T	SP Truro
2.8	1st L	SP Callestick etc
3.9	R @ A.30	SP Bodmin TAKE CARE
	imm.L	SP Ventongimps
6.6	R @ T	no SP
8.1	L @ top	no SP
8.6	R	SP ZELAH 1
9.2		no SP
10.2		in ZELAH, no SP
10.6		SP "32"
11.6		SP "32" (+Bodmin)
12.5	= -	SP "32" + ST NEWLYN EAST
14.5		SP "32" + ST NEWLYN EAST
16.1	R @ X	in ST NEWLYN EAST
16.9	L	Follow 'Golf Course' no SP @ Ventonarren farm
17.8		no SP
20.9	L	In MITCHELL, SP Newquay etc
20.5	R @ RB	no SP
24.1	R @ T	SP St Austell
2 1. 1	1st L	SP ST ENODER
	1st L	SP ST ENODER
25.1	SO @ stgd X	no SP, past church
	L @ T	no SP
26.7	L @ T	SP FRADDON
	1st exit RB	SP FRADDON
	1st exit RB	no SP
28.0	2nd exit RB	SP INDIAN QUEENS
28.9	SO @ RB	SP St Dennis
	SO @ RB	Small SP Toldish
29.8	R	imm BEFORE 'Gnome World'
		Thru gate to 'GOSS MOOR TRAIL'
	_	Follow trail past elec site
32.5	L	Follow trail (not into car park) under bridge
35.3	L @ T	SP Goss Moor Trail (on road)
35.6	L	SP Goss Moor Trail
37.2	Over LC then L	REFRESHMENT CONTROL
00.0		Continue on trail then across A30 bridge
39.8	L @ T	SP Goss Moor Trail
40.1	R@T	SP "32" Newquay etc
41.5	R @ T	no SP
42.0	1st L	no SP
43.3	SO @ X	SP Newguay
44.7	R @ T	SP Newquay

45.6	L @ White X	SP St Newlyn East			
48.4	L	SP Gunmows Shop			
49.0	SO @ X	SP Redruth etc			
51.8	SO @ RB	SP MITCHELL			
52.0	SO @ stgd X	Fair Park View'			
53.1	R @ top	no SP			
54.8	L @ filling stn				
	Thru fence gaps	SP Truro (Cycles)			
56.2	L at A39	TAKE CARE			
	Imm R	SP Truro (Cycles)			
	Imm R @ T	SP Ennis			
58.3	L @ green ∆	no SP			
59.2	L @ T	no SP			
60.4	L	SP ST ALLEN			
62.0	Follow to R	NOT Lanner Barton			
63.6	SO @ X	SP Marazanvose			
63.8	1st L	SP Allet			
65.4	L @ T	no SP			
67.2	R	SP Boscolla etc			
67.3	L	Finish			
SO	Straight On				
Χ	Crossroads				
Stgd X	Staggered Crossroads				
L	Left turn				
R	Right turn				
T	T Junction				
SP	Signpost				
RB	Roundabout				
lmm.	Immediately				
@	at				

Unless otherwise indicated, continue ahead.

CAPITALS: places you ride through Lowercase: places ridden towards